

Lico A.



Frederico "Lico" Alvarez had been living at Vibralife of El Paso Senior Living for two years when on a fateful day he fell in his room. Lico credits the staff at the facility for their work arranging an EMS transport to take him to the Hospital of Providence East. Lico says: "if those girls had not answered my call immediately, I would have broken more bones, Dios bendiga su corazón."

After a week at the hospital, Lico transferred back to Vibralife, but this time to the skilled nursing facility (SNF) where he received therapy and nursing care. He also had COVID-19 while at the

hospital. For a few days, he spent some time in the COVID unit of the SNF. With enthusiasm and admiration, Lico was full of praise for the incredible staff at the SNF, even though sometimes he was not fond of going to the therapy. With a smile that turned to laughter, Lico states "my hip got better, I could stand on my own, and I felt that the therapy staff had done a miracle on me."

Two months after going to the hospital, catching the coronavirus while at the hospital, and returning to VibraLife's skilled nursing facility, Lico is back at the senior living where he calls home. Lico thinks God put him at Vibralife in order for him to have such a continuum of care. Lico continues to enjoy a full schedule with the help of the facility's activities coordinator and the support staff. He mentions that the food is abundant and healthy, and the friends made and support gained have all made life better...which is a miraculous and wonderful thing when he thinks of the events of the past months. Thanks to the Vibralife SNF and the wonderful assisted living facility, he hopes to be reunited with his grandchildren happy, healthy, and with a radiant spirit when visitation is allowed.